

HEALTHY & TIMES



PREVENTIVE MEDICINE

NUTRITIONAL SCIENCE

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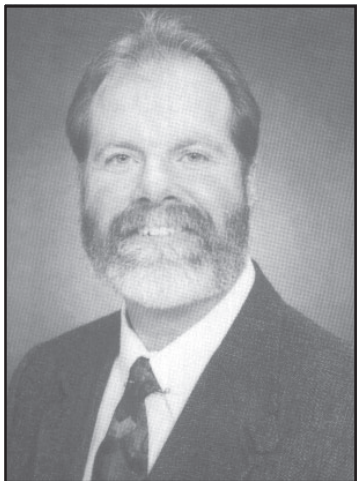
Vol. 5 No.4

**Merck Withdraws
Vioxx™ Worldwide!
Celebrex™ Cited!**

**Why Chance Rx
Drug Side Effects?
Take Collastin!**

**Vioxx™, Bextra™,
Celebrex™, & Aleve™
All Named Dangerous**

Collastin™ Ends Chronic Pain



Dr. Chuck Cochran

Chuck Cochran, D.C., received his chiropractic degree from Palmer College of Chiropractic in Davenport Iowa. His postgraduate specialization programs have included skeletal radiography thermographic techniques in operation and diagnostic procedures, the diagnosis and treatment of soft tissue injuries and the philosophical and clinical techniques of acupuncture. He has taught human anatomy and physiology at the college level and is the author of "At Last Collastin."

Dr. Chuck Cochran has been involved in private practice in California for over 13 years.

This past year, my life and the lives of hundreds of my patients have dramatically changed for the better! In this article, I will introduce you to Collastin™, which is without a doubt the most potent anti-aging product that I've ever had the privilege to work with.

It's my own personal experience with Collastin™ that made me become passionate about it. I suffered from an arthritic shoulder for thirty years, and Collastin™ took care of it right away! Once I saw the great results and changes it made in my life, I was on fire with enthusiasm!

Collastin™ is effective because of the active ingredient, cetyl myristoleate, which is a fatty acid ester. Simply stated, fatty acids are the building blocks of fats. If we take a fatty acid molecule and add a molecule of alcohol to it, we create an ester of that fatty acid. Cetyl myristoleate

was discovered by Harry W. Diehl in the early 1960's. He worked for the National Institute of Health in Bethesda, Maryland. It started when a friend and neighbor of Harry's developed rheumatoid arthritis, which motivated him to begin research on his own. In a pursuit to find a treatment for arthritis, he found that mice are immune to the disease. After two years of working by himself in his spare time, Harry finally isolated the molecule that gave these mice their immunity. It was the cetyl myristoleate circulating in their bloodstream.

He tested it on other laboratory animals and it proved to be just as effective. After years of laboratory sleuthing, Harry was one happy chemist! (Until he approached the pharmaceutical industry with his wonderful discovery) Harry was in for a rude awakening.

Because his discovery occurs in nature, the product itself couldn't be patented, only it's use. Without a product patent, a drug company couldn't control who manufactures it. With no control of the market, the profits would have to be

shared, therefore there was no interest.

In 1991 Harry developed osteoarthritis in his own hands, knees and feet. Like most of us, he went to his medical doctor for help. Fortunately for you and me, Harry's doctor told him there was nothing left that they could do for him, saying he

would just have to learn to live with the pain.

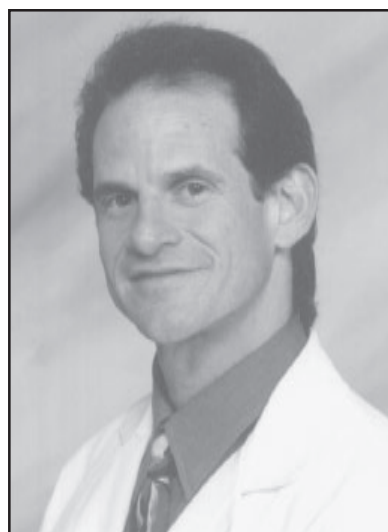
Unwilling to accept this prognosis, Harry went back to his own discovery, cetyl myristoleate, and made up a batch to try on himself. Within 30 days, his arthritis pain was totally gone.

See Chronic Pain on pg. 4

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Breakthrough Arthritis Treatment

Mark Drucker, M.D., received his medical degree from the University of Tennessee Center for Health Sciences. Dr. Drucker's postgraduate training consisted of studies in internal medicine and anesthesiology. In addition to practicing traditional medicine, he is involved in Nutritional and Alternative Medicine. Dr. Drucker has been a Family Physician for twelve years and is currently the Medical Director of The Center for Advanced Medicine in Southern California.



Dr. Mark Drucker

Osteoarthritis and Rheumatoid arthritis are the most common and painful medical conditions. Presently there are over 40 million Americans diagnosed with these conditions.

According to the latest theory regarding arthritis, the result of a trauma injury or the degeneration of a joint allows pieces of the affected cartilage to flow through the bloodstream. These small pieces of cartilage lodge themselves within the joints and cause a lot of pain to the sensitive tissues that surround them. The immune system reacts and begins an increased attack on the surrounding

tissue. The resultant damage to this tissue causes inflammation and swelling. The damaged area tries to mend and heal with the production of scar tissue. Over time, this scar tissue proliferates to the point that it grows into the joint itself and does damage to the cartilage. The joint space decreases and narrows - as in osteoarthritis and in severe cases, the bones can fuse together.

No one knows for sure why the

immune system goes astray. Traditionally, there has been no effective treatment for this hyperautoimmune disorder other than the use of steroids. The use of these powerful steroids can retard this reaction, but the long term effects of steroid use are worse than the disease itself. Pain relievers are another option, however they are only a Band-Aid type cover up for the problem. In fact, this can lead to the number one cause of bleeding ulcers which is from the use of arthritis pain relievers.

Collastin™ is our answer as a safe alternative to the dangerous traditional medical treatments. Collastin™ interferes with and stops this damaging auto-immune disorder. This is no doubt one of the most exciting roles of Collastin™! It has been effective in treating auto-immune disorders like rheumatoid arthritis and systemic lupus. It's active ingredient, cetyl myristoleate, nourishes the body, calms down the hyper-autoimmune response and regulates the immune system.

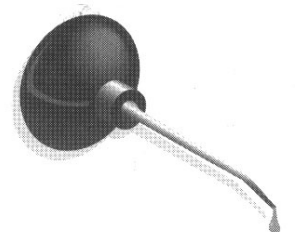
Many of my patients who were desperate for relief have shown some

very impressive results when given Collastin™. Many patients who come to mind had rheumatoid arthritis for years and collastin™ brought them the most helpful and impressive pain relief they have ever had. These people today are pain free as a result of this product. One of the more common statements I hear after a patient starts the treatment is that they've lost their morning stiffness and their joints move more freely.

In addition to collastin™'s super-lubricating and potent anti-inflammatory qualities is its ability to repair and

See Breakthrough on pg. 4

Collastin™



Oil for Your Joints

Physician's Roundtable: Collastin™ Is Best Arthritis

What is Cetyl Myristoleate?

Cetyl myristoleate is a fatty acid ester derived from combining a fatty acid molecule and a molecule of cetyl alcohol. This combination results in the best arthritis treatment on the planet and the active ingredient in *Collastin™*. It is a natural substance, highly purified and prepared for oral administration.

What is Collastin™?

Collastin™ is without a doubt the most potent and effective anti-aging product available in the World. *Collastin™* is a mixture of fatty acid esters. The principal fatty acid ester, cetyl myristoleate, is combined with a mixture of other fatty acid esters that work to compliment each other, creating *Collastin™* – the Rolls Royce of anti-aging products!

Does Collastin™ Work on All Types of Arthritis?

Yes, rheumatoid and osteoarthritis, bursitis, tendonitis, gout, carpal tunnel syndrome and psoriatic arthritis.

Why Does Collastin™ Work?

Three reasons: First, *Collastin™* functions as a super lubricant - a kind of WD-40 for the joints, as well as arteries, muscles, tendons and all of the other body tissues. Secondly, it functions as an immune system modulator and possible stimulator. *Collastin™* normalized the hyper auto-immune responses, acting as an immuno-modulator; it has been effective in treating auto-immune disorders like rheumatoid arthritis and systemic lupus erythematosus. And last, it functions like the omega-3 and omega-6 fatty acids in that it mediated inflammatory processes. This last mechanism is probable the reason that we are seeing such far-reaching effects.

Will Collastin™ Help Other Inflammatory Conditions?

Yes, *Collastin™* is presently being used to treat many inflammatory conditions, including Fibromyalgia, Psoriasis, Lupus, Prostatitis, Irritable Bowel Syndrome, Chronic Bronchitis and Emphysema and Crohn's Disease. To really understand why this works would take another paper - let me summarize by stating *Collastin™* has the ability to mediate and inhibit the auto-immune disorder.

Is it Harmful in Any Way?

Cetyl myristoleate studies began at the U.S. National Institutes for Health more than 25 years ago. Recently, clinical application studies were conducted by the San Diego Clinic. No harmful short or long-term effects were ever observed in humans or in laboratory animals, even in extremely high doses. It is a perfectly safe, naturally derived substance.

Does Collastin™ Improve Joint Mobility?

Absolutely! If the joint can be moved just slightly, by either the afflicted person or even by someone else, joint mobility can usually be restored. However, if the bones have fused, only surgery may restore joint function.

How Effective is Collastin™?

The results are remarkable. In a double blind study, *Collastin™* was shown to be 87% effective versus cetyl myristoleate at 64%. *Collastin™* is not available in any store. *Collastin™* is only available from the company or an authorized associate. Only *Collastin™* has the synergistic combination of ingredients producing such fantastic results!

“Don't Quit!”

Dr. Joe Hymer, at only age 62 had already suffered with back pain and stiffness for 30 years. As a medical doctor, he had access to the latest information and tests on prescription drugs and alternative therapies, but neither provided the help he needed.

“30 years ago, I had surgery for ruptured disks. Since that time, I have lived with nearly constant pain from the arthritis that developed around my disks following the surgery. Everyday tasks such as driving, walking, sitting or even standing were agonizing. I could not even get out of bed in the morning without help.

I operate a medical rehab clinic and have many patients in as much or more physical pain that I

experienced myself. When I heard about *Collastin™*, it sounded almost too good to be true. If it were true, what a godsend for me and my patients!

Before putting any of my patients on it, I decided to put it to the test and began taking it myself.

One day my wife noticed that I was getting out of bed without any help for the first time in our married life. I realized

that the pain had lessened significantly! I decided to recommend *Collastin™* to some of my patients. They began having the same terrific results. I can drive, walk, sit and stand pain-free for the first time in 30 years.

Joe Hymer, M.D.
Castroville, TX



Dr. Joe Hymer, M.D.

Collastin™ Gave Me Back My Quality of Life!

Three and one half years ago I was almost killed by a drunk driver. The injuries were to my neck, legs and knees. Prior to the accident I never had any leg pain. The doctor said the accident triggered the flare up of some dormant arthritis. I was in much pain and unable to walk. I had to crawl and was in therapy as well as seeing an orthopedic doctor. For over two years they seemed to always prescribe some sort of drug that really was not helping. The result – I was not getting better. I did not want to depend on taking drugs. I wanted a solution I could live with.

Dr. Kellas indicated that *Collastin™* would be ideal for my problem. I started first with the *Collastin™* starter pack and within one week, I was able to walk a little and the pain started easing. By the

end of the first month, I could walk longer periods and even drive again. I felt like I was getting my life back to normal. *Collastin™* is now a part of my

daily routine and has given me back the quality of life I had before the accident. I also saw that it helped to ease the swelling and the pain in my right hand that was caused by arthritis. It is truly an incredible product. I had such great results that I put my mother on it. She has osteoporosis and before she started taking it, was in great pain and only

able to get around with a walker. She too has seen that pain subside and is now able to walk a little without her walker. We never will be without *Collastin™* again!

Robbie Motter
Sun City, CA



Robbie Motter

Alternative to Surgery

It all started about 10 years ago when I was a passenger in a VW Jetta that was broad-sided by a “tank” of an Oldsmobile right at my door! Almost instantly it seemed arthritis started forming in my neck and back. Then about five years ago I was rear-ended by a pickup, shoving my car into the back of a Volvo. The impact broke my



Diane Krenek

seat which forced me into the dash with both knees along with re-injuring my neck and back considerably.

I was off work for over 2 months and in considerable pain. The fourth Doctor they sent me to see concluded that I would eventually require knee implants along with the possibility of back surgery when I got older.

The pain had steadily gotten worse over the years

and I had tried to just put up with it. I'd wake up in the night, almost unable to move it hurt so much!

Then my brother told me about *Collastin™*. I took the first dose and by the third day I felt better but told myself it had to be in my head, as nothing could work that fast! After about a week I realized it really was working and not just wishful thinking.

Now, after three weeks, I can definitely see a big, big difference! I can lie down, move around and get back up without

having to grab the dresser for support!

My knees were making “popping” sounds a least a dozen times a day. They've only done it twice in the last two weeks and not at all in the past 4 days. My hips don't hurt anymore and almost all the pain in my neck and shoulders has gone!

I can see improvement daily and as far as I'm concerned, I don't ever plan to stop taking this great product. I really works!

Diane Krenek, Apple Valley, CA

Product on Earth! Doctors Answer Questions!

Will My Arthritis Pain Stop?

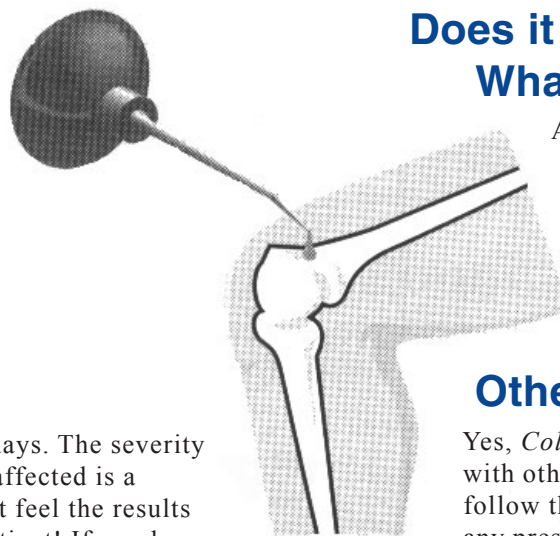
Arthritic pain will disappear in almost all cases. In a few *very extreme* cases, pain will be reduced but not completely eliminated. This generally, however, provides sufficient benefit to allow the person to function normally again.

How Long is it Before Benefits Are Noticed?

Most people begin to feel relief within ten to twenty days. The severity of your condition as well as how long you have been affected is a factor. Others may take a bit longer and a few may not feel the results for six to eight weeks. The important thing is to be patient! If you have been affected for five or ten years or longer you need to be patient, it may take up to 90 days to be pain free. Also a weight-bearing joint like a hip or knee takes more abuse of course, and may require a little more time compared to a shoulder or elbow. Also remember *Collastin™ Works!* 87% successful is huge! Give it time; the clinical tests were conducted over a ninety day period.

How Do I Take Collastin™?

Initially you take 2 products purchased together as a "Starter Pak." The Starter Pak contains 1 bottle of pure Collastin and 1 bottle of support called *Enzyrest™*. (for more information on *Enzyrest™* see back page) Both bottles are taken as directed everyday for 90 days. Together these products will end pain, and rebuild and repair damaged tissue, cartilage. After the 90 day repair and restoration period the support with *Enzyrest™* is all that is needed to continue rebuilding and restoration process.



Does it Work On Everyone? What About Age?

All people respond well, regardless of age. So far the treatment has been effective in treating all arthritic conditions unless the user has had a history of liver dysfunction.

Can I Take This With My Other Medications?

Yes, *Collastin™* is perfectly safe and natural and will not interact with other medications. I would recommend, however, that you follow the advice of your doctor regarding any warning labels on any prescriptions.

Is There Anything Else That Will Help?

Yes, lose weight if necessary. Diet and Nutrition are extremely important! It is critical to improve digestion of our food, decrease the toxins from our digestive system and cleanse the colon to effectively lose weight. Another revolutionary product "Don't Weight™" does just that. Mention this when you call for information.

What Else Can I Do?

The most important thing you can do to improve your overall well being is to increase your daily water consumption to 2 to 3 quarts of water. Also, reduce your intake of caffeine, alcohol, sugar, margarine and dairy products.

Life Changing Results! Collastin™ Ends Suffering!

Aching Hands

"I am a chiropractor in Studio City, CA. For 23 years I have been using my hands doing deep tissue work and structural integration. For 3 years the joints in both my hands have continually ached. I'm talking about 24 hours a day inescapable pain. It got to the point that there was no doubt that it was time to choose another career. Since I love what I do, this was quite a traumatic conclusion.

For 4 weeks I have been taking Collastin™. The decrease of pain in my hands varies between 90% and 100%, and I got these results while continuing to work a full-time practice 5 days a week. This is absolutely the most remarkable product I have come across in this field."

*Dr. James B. Hopkins
Studio City, CA*

Chronic Back Pain

"I've been using Collastin™ for 10 weeks now with remarkable results. An old high school football injury to my shoulder that has continued to flare up with heavy exertion has completely recovered with full range of motion and strength, and it no longer becomes inflamed with heavy exercise.

A high school basketball injury to my lumbar spine, L4 and L5, completely fused together in five months. My coach sent me to a Doctor of Chiropractic at the time

and within the next six months the calcification of the lumbar spine was completely dissolved, and I was able to continue participating in sports activities. However, because of continual aggravations of that area over the years, my lumbar spine was prone to subluxate with strenuous exercise or lifting.

One month after taking Collastin™ I have full range of motion, complete strength and am able to exercise with out any discomfort."

*Angel Chacon., D.C.
Granada Hills, CA*

Sports Injury

"I played football at Texas A&M under head coach Paul "Bear" Bryant in the late 50's. As a quarterback I lead the Aggies to 17 victories in 2 seasons. We were #1 in the nation for several weeks. Needless to say my football career included many injuries: a shoulder separation, a few broken bones and a bad knee.

After many years these injuries began to take their toll requiring numerous surgeries. About 3 years ago my bad knee gave way and I fell. Repair required complete replacement. Recently I was introduced to Collastin™. It has been a lifesaver for me. Anyone with old sports injuries or an arthritis problem should definitely take the Collastin™.

*Roddy Osborne,
Carrollton, TX*

Fybromyalgia

"In 1986 I was diagnosed with what is now called fibromyalgia. At that time I was told that it was a chronic, degenerative disease with no cure. I was also told that medical science could only provide treatment to lessen the constant pain associated with the condition. As the years passed, my loss of physical capabilities increased from an initial 5% to 12% per year. I had to start using a motorized chair for mobility and was taking as many as 10 pain pills per day. The future looked very bleak.

Just when things looked the worst, I was introduced to Collastin™. A week after starting Collastin™ I was able to prepare a meal without assistance for the first time in over 4 years! I was also able to climb the 4 steps to my home for the first time. Not only has my physical condition improved, but I am now only taking 1 to 3 pain pills per day.

After being on Collastin™ for 3 weeks, I was given a physical examination. My doctor was amazed at the improvements he noted in my agility and general physical condition. I have been taking Collastin™ now for over 30 days and continue to see daily improvements. Everyday I sing the praises of this wonderful product. For the first time in 13 years I can look to the future with hope and optimism."

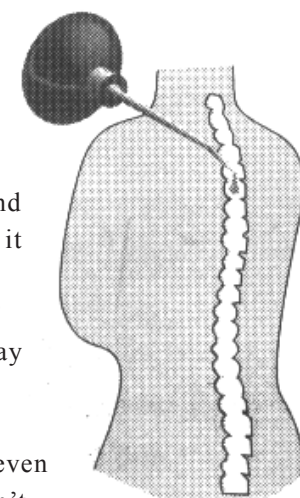
*Pat Spillers
Schertz, TX*

Excruciating Pain

"Thanks to my wife and the wonderful Collastin™ product, I feel great. For many years I have experienced lower back pain and problems (L4 and L5) which at times have been further aggravated by heavy lifting and long distance driving associated with my job. The disc between L4 and L5 slipped out in November and was so bad I was off work for a month. The pain was so bad one day that I actually suspended myself from the upper door jam in the Chiropractor's office because I could not stand the pressure on my spine.

Recently, I told my wife that I could definitely tell a difference since taking Collastin™. Before, when I got down on the floor and did my leg lift exercises, I could feel and hear a little grinding noise. Now when I do my leg lifts, it is quiet and smooth like it has been lubricated.

By that way I will be 54 years old in November, even though I don't look or feel like it. Maybe that's why I have to prove it to get that AARP discount."



*Wesley Stembridge
Savannah, GA*

