

ExtEndEd Living

Feel Like you are on top of the world!

**PROVEN BY THE TEST OF SCIENCE
THIS ANTIOXIDANT POWERHOUSE IS NOW
AVAILABLE TO YOU!**

**PLUS 7 ESSENTIAL INGREDIENTS THAT CAN MAKE YOUR
BODY A DISEASE FIGHTING MACHINE**

It is not very often that a product as good as Seven Essentials comes along. A product that is proven by scientific testing that no other can challenge. Scientific testing by the Tufts University of Boston, Massachusetts revealed that, upon testing the chocolate Seven Essentials, the antioxidant strength was 8 to 10 times as strong as that of the nearest food supplement on the market. (See graph.)

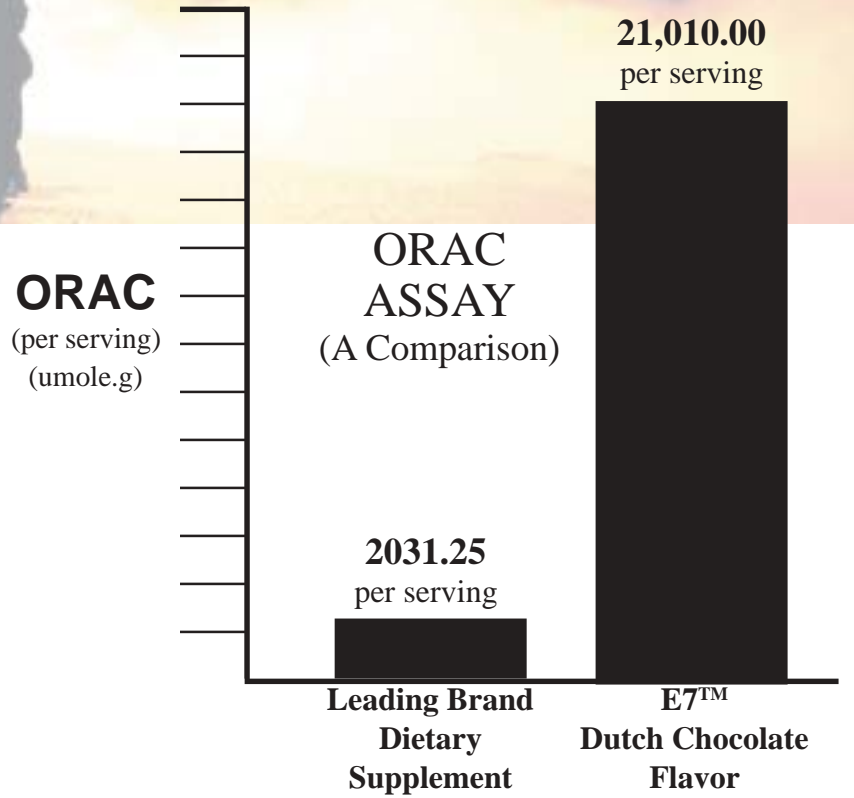
The test is called the ORAC test, which stands for Oxygen Radical Absorbance Capacity, which is the latest scientific testing method developed by the Tufts University in Boston to measure the level of antioxidant protection of a product. This is important because oxidative stress has been demonstrated to accelerate the aging process in both cells and blood vessels. Oxidative stress also increases the risk of certain types of cancers, coronary heart disease and many other health maladies.

The chocolate flavored Nutritional Beverage Mix tested a phenomenal score of 21,010 ORAC units per serving (22 grams). What does this mean to you and me? The USDA and Harvard School of Public Health recommend that we eat a minimum of five servings of fruits and vegetables a day in order to become healthy enough to ward off aging related diseases.

The average serving of fruits and vegetables contains approximately 500 ORAC units. The USDA recommendation of five servings of fruits and vegetables daily equates to 2500 ORAC units. It is hard to believe that we can obtain 8 times that much power in only one scoop of Seven Essentials. Most of us fall far short of consuming five servings of fruits and vegetables each day.

According to Dr. David Williams, author of "Alternatives",

"Long term free-radical damage is now recognized as the greatest contributor to age-related health problems. By limiting the activity of oxygen free radicals, antioxidants protect cells and their components from this damage - thereby lessening the risk of cancer, heart disease, vision problems and other diseases. The higher the ORAC value...the more beneficial it is to your health."



*Good Health
is as Good as
Having Your
Cake and
Eating It Too!*



One Food... Seven Major Health Challenges





1.

The War Against the 7 Major Health Challenges!

Dr. William Kellas, world renown for his ability to research and uncover the root causes of health challenges, has discovered 7 things that are critical to good health.

ONE thing you may or may not know is that there are seven nutrient groups that are insufficient or missing in the diet of most people. The seven nutrient groups consist of: Enzymes, Coenzymes (Vitamins), Cofactors (Minerals), Oils, Fiber, Protein and Probiotics.

SECOND, the first discovery led to the most targeted nutritional formula for addressing these risks. It should include: Enzymes, Coenzymes (Vitamins), Cofactors (Minerals), Oils, Fiber and Probiotics.

Dr. Kellas knew that he had to deal with the fact that most people are not eating five servings of Fruits and Vegetables per day. His creation of Seven Essentials was the formulation that made it all work

THIRD, to achieve the final formula for Seven Essentials, Dr. Kellas added a Flash Glanced vegetable blend. This proprietary method assures of the blending of whole food vegetables and enzymes and guides their powerful influence into the digestive system enabling the utilization of food to a degree never before achieved. The blend includes Spinach Powder, Kale Powder, Parsley Leaves Powder, 95% Polyphenol Blend, Broccoli Powder, Brussels Sprouts Powder, Cabbage Powder, Carrot Powder, Tomato Powder, Beet Powder and Garlic Powder.

This synergistic maximized vegetable blend (grown where micro nutrients are still available in the soil and free of herbicides and pesticides) is better than organic since they provide all the biologically needed Flavonoids. This is a whole food- SAFE for Children. Natural compounds can add years to one's life where synthetics often take years away. Broccoli, Brussel Sprouts, Cabbage and Tomatoes are anti-cancer! Other leading powdered products destroy the valuable whole food actives through their heat processing.

FOURTH, minerals are critical to every one of the processes that occur in the body. The human body needs 90 nutrients per day. Minerals make up 60 of the 90 nutrients required daily. The minerals that Dr. Kellas decided on were the Deep Sea Minerals from the Kona Coast of Hawaii where in the pristine waters are found minerals free of toxic heavy metals and pollutants.

FIFTH, to have good health you must first feed the cells with bio-available nutrient-dense whole food sources and then protect the cells from free radicals. These two factors pushed Dr. Kellas to seek the perfect food source.

SIXTH, there is no whole food source in the world more nutritious than RiSoTriene. Contained in RiSoTriene, a natural product, you will find over 100 Antioxidants, Complex Carbohydrates, Minerals, Protein and Vitamins. RiSoTriene, coupled with the Deep Sea Minerals, gives you all the minerals and vitamins you need.

SEVENTH, to put the finishing touches to the Seven Essentials formula, Dr. Kellas added Vitamin D3, Extra Calcium Citrate (500 mg per scoop), Fibersol, and Hydrolyzed Whey Protein.



If his name sounds familiar, it should. **Dr. William Kellas** hosts the syndicated weekly radio program called "Health Talk: A Second Opinion." He is also the author of two well-known books, *Thriving in a Toxic World* and *Surviving the Toxic Crisis*. Dr. Kellas is the founder of the Center for Advanced Medicine in Encinitas, California. People from all over the world travel to the Dr. Kellas facility in search of a solution to their health problems. His extremely high success rate is concrete evidence for nutritional health care.



2.

Be Healthy, Be Fit, Stay Young

•Daily Nutrition In One Good Tasting Drink

Four Flavors: Dutch Chocolate, Berry, Broth and Natural.

Drink any one of the four delicious flavors and hold back the aging process by utilizing antioxidants against the free radicals. Free radicals also aid many illnesses like heart disease, cancer, diabetes and arthritis.

•Whole-food Superfood

Huge 660 gram canister contains 7 Nutrient Groups per serving.

The 7 health challenges that you face today are, Heart Disease, Cancer, Diabetes, Weight Gain, Body Discomfort, Low Energy and a Low Immune System.

•Specially Processed for Results!

The Final Formula Contains a Blend of 12 Vegetables.

Our targeted nutritional formula for addressing the risk of health challenges is the inclusion of Enzymes, Coenzymes (Vitamins), Cofactors (Minerals), Oils, Fiber and Probiotics. We know that most people do not eat five servings of vegetables a day. That is why it is included in Seven Essentials.

•Nature's Complete Balance

You Could Live and be Healthy on This Product Alone.

Dr. Mark Drucker, M.D., when asked about Seven Essentials, replied that "If you were stranded on a desert island, and only had Seven Essentials, not only would it sustain life, but it would optimize your health. It is the least expensive, most effective, health insurance you can buy."

•Easy to Use...Easy to Store

1 Scoop and Shaker. Keep Unopened Cans in Your Cabinet.

In each canister you will find a serving scoop. With your first shipment, you will receive a large, heavy duty shaker with a screw-on top with cup and ounces dradients clearly marked.

•Free Shipping: All Orders After the First!

After your first order, and on all repeat orders placed through us, you will receive free shipping! There is only a small handling charge of \$1.50.

•100% Money Back Guarantee

No Questions Asked Money Back Guarantee on Used and Unused.

Try our product for one month and if you are not satisfied for any reason, you may return empty and/or full canisters for a refund.

If Your Question is,
"How can I feel better, get healthy and have more energy?"
Then the answer is,
"Drink a good tasting Seven Essentials drink twice a day."



OR





3. RiSoTriene, The Prime Ingredient of Seven Essentials

The Seven Essentials Formula = 7 Nutrient Groups

All Enzymes that are needed for proper digestion of food are included. Seven Essentials contains a vegetable blend from real vegetables through *Flash Glancing™*.

Be assured that vitamins (Organic), necessary for enzymes to work, are a part of Seven Essentials along with antioxidants and bioflavonoids. Seven Essentials provides you with 106 antioxidants and Tocotrienols, some of which are some of the most powerful. The above allows your body to have maximum protection.

Cofactors, trace minerals and Ionic minerals that make the Enzymes work. The minerals in Seven Essentials come from Risotriene and minerals mined off the Kona Islands in Hawaii that are brought up from these pristine waters 2000 feet beneath the sea. Essential ionic trace minerals are required for enzyme functioning. The minerals in Seven Essentials have outperformed every other mineral that science has tested.

Did you know absorbable proteins are the building blocks of the body? Seven Essentials gives you a Whey Protein that is lactose free. This advanced protein source is easily absorbed by the body. The Hydrolyzed Whey Protein in Seven Essentials will more than satisfy the human requirements.

Essential Oils are necessary for healthy cells, hormones and proper detoxification. Again, the prime ingredient of Seven Essentials is RiSoTriene. RiSoTriene is a natural product, and the Essential Oils are in their natural state, which helps create healthy cell membranes.

Fibersol is a fiber that helps eliminate toxins. The fiber in Seven Essentials is called Fibersol. This advanced fiber finds and eliminates toxins from your body.

Guard your immune system with Probiotics and protect yourself from pathogens. The Lactobacillus Salavarias that you find in Seven Essentials is activated by water. Some people report a full feeling after it absorbs water, causing a reduction in appetite. This Lactobacillus Salavarias will double every few minutes and attack the unfriendly bacteria in the body.

4. Using ONE Complete Product Will Save You Money Each Month!

No more fighting traffic to get supplements and vitamins. Seven Essentials comes to your door. Best yet, you get all you need. Throw those expensive vitamins away!

5. Testimonials

Hypoglycemia R. Hanaman - "About fifteen years ago, I found out that I was hypoglycemic. Since then, I have had severe reactions every two to three weeks. I have also had problems with circulation so poor that my left hand would go numb. And I couldn't walk very far because of leg cramps."



Because of the vast number of health products on the market today that don't live up to their advertising. I have shied away from trying anything. The day I received Seven Essentials, I was having a hypoglycemic attack. When I tried some, it took only a few minutes to take effect - I felt like a million dollars! Now I take Seven Essentials two or three times a day, and the difference in how I feel is like black and white. The reactions are gone, I have a lot more energy, and my circulation has improved. The numbness in my hands has almost disappeared, and I can walk easily. I even sleep better at night. This is the first time in my life that I have been excited about a health product. I want to tell everyone about Seven Essentials."

Diabetes Jim F. Thousand Oaks, CA - I'm

66 and have fought the good fight for more than thirty years. I have been an insulin dependant diabetic for 26 years, have had a five way bypass, congestive heart failure, my kidney function has been less than 20%, chronic high blood pressure (4 different high blood pressure meds for over forty years), high cholesterol, and triglycerides so high that they couldn't centrifuge my blood, painful arthritis in my joints, neuropathy and other health challenges. After taking the RiSoTriene and Kona minerals for a few weeks I noticed numerous positive changes. Now more than 3 years later my health has dramatically changed. My daily insulin intake has been reduced from 120 units+ per day to not taking any insulin regularly (with VA doctors approval); my kidney function is a challenge, however, I'm making progress. My Cholesterol has dropped over 150 points to normal and my triglycerides have gone from over 800 to about 50. My fingers don't lock up any longer and no longer have neuropathy (numb feet) and after forty years my blood pressure is now normal. During the past three years I've lost over 125 pounds and I am on only one of eight medications that I used to be taking three years ago. During the past year I have replaced most of my RiSoTriene and Kona Minerals with Seven Essentials - since it has everything in the two daily delicious servings. My energy level reminds me of years ago when I could take on the world. My body easily uses the tools available in these products and they have literally save and changed my life. I would be willing to personally talk to any diabetic. I am in California and can call back in the mornings most of the time.



6. More Testimonials & In-Depth Information!

www.testimonial.biz

Superior Health Benefits that come from using Seven Essentials

Multiple Sclerosis Joanne F. Helena, MT - I suffered with numbness, tingling, extreme pain, and balance problems for 15 years prior to going totally blind in one eye and almost blind in the other eye in 1995. I was diagnosed with chronic progressive Multiple Sclerosis shortly thereafter. By that time I was unable to cross my legs voluntarily or walk without assistance. I literally forced myself to put one foot in front of the other to walk. I needed help in and out of my office and could no longer drive. I was unable to see my clients faces or even remember their names! I was treated with several nutritional products, but RiSoTriene was the first product that really helped me. My recovery was not immediate but after some time I began to realize an increase in my energy level and that got my attention. Most profound was the restoration of my eyesight to 20/30 after a year and later to 20/20! I have not had any MS symptoms for several years now.



After experiencing such profound results I met with Dr. Kellas who immediately added the deep sea minerals, lots and lots of flash-glanced vegetables, fiber, enzymes, whey protein, Collastin and Enzyrest.

I was so excited when I heard that the new Seven Essentials included what I need most: RiSoTriene, deep sea minerals, a complete variety of flash-glanced vegetables, whey protein, fiber, Calcium and more, at less than half the cost!

I've been on this for several months and wonder how taking a whole food supplement could get any easier. I simply mix it with water, drink it, and go on with my day. Being a type-A personality and very active once again, I appreciate knowing I'm getting so many nutrients in such a convenient form. These products continue to be a miracle for me and I can't imagine where I would be without them.

My Cancer Experience What Seven Essential Nutrient Groups Have Done for Me Harold M. Greenville, TX - At 3:30 a.m., on February 7, 2001, severe medical circumstances landed me in the ER. After an examination, a mass was discovered in my colon. I was shaking from chills, fear and shock. I wondered what would happen to my wife if I died. I also agonized that I would never see my four grown children, my 4 grandchildren or my 3 great-grandsons again. The tumor was removed and I was put on chemotherapy. I felt I was on the path of death. The chemo treatments made me very ill and weak. A friend told me about Seven Essential Nutrients that I would need to beat the disease. She explained how these nutrients worked at the cellular level. How a unique blend of plant enzymes, along with natural co-enzymes, cofactors, proteins, essential oils, fiber and probiotics not only fed the cells, but prepared the cells to get the most out of the nutrients. The purest minerals and trace minerals mined from 2000 feet beneath the sea all went together to feed body cells the bioceutical super food derived from these Seven Essential Nutrients.



Initially, I was very skeptical and didn't try it. After suffering so much from the chemo, I realized I had nothing to lose. I began taking RiSoTriene and in only three days realized a resurgence of energy. My nausea stopped and I gained some of my lost weight back. I decided to take the rest of the Seven Essentials.

When the chemo was over, the Oncologist told me that I was the best Cancer patient he had ever had - No loss of blood cells, no loss of hair, no black finger nails. I had great skin color. I never lost any time at work. I have continued to feed my cells with the Seven Essentials Nutrients and have continued to be cancer-free. I don't want to think about where I would be had I neglected to add this regimen to my diet...to my life.

How to Order Seven Essentials Today!

Buy a Case (4 Canisters-2 Month Supply) & Save More.

The case is a two-month supply and you pay \$149.00 plus any applicable State Tax (Your State), plus shipping of \$10.80 (a savings of \$7.80 shipping and \$7.00 saving on the Seven Essentials for a total savings of \$14.80 over the 2 canister purchase.) When buying by the case, there is no risk as we offer a 30-day guarantee. Satisfaction or your money back.

Give Seven Essentials Time and it Will Give You More Time...lot's of it.

Remember, whether or not you have health challenges, you need two scoops per day (two canisters per month) to feel better, look better, have more energy and prolong your life.

The second thing to remember is that it takes your body 3-6 months to replace itself with healthier cells and a year to replace the bones. You must commit to stay on the Seven Essentials for 3 months at the minimum. Our bodies didn't get into this condition overnight... and we can't turn that condition around overnight.

Your order comes to you quickly by UPS, DHL or U.S. Postal Service and with a 30-day money-back guarantee.

Today would be a great day for you to start your journey on the road to good health and well being. Each day that you continue punishing your body is a day you can mark off the end of your life.



The information contained within this issue of Extended Living is intended for educational purposes only. It is not intended for the treatment, cure, diagnosis, or mitigation of a disease or condition. If you have any medical conditions or are taking any prescription or nonprescription medications, see your physician before altering or discontinuing the use of medications. Persons with potentially serious medical conditions should seek professional care. No therapeutic or medical claims have been implied or made.

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**Look Good
Feel Good
Have More Energy
Be Your Youthful Self**

All of this is just a phone call away!

To order, please call the phone number located below.

If a two canister order, please choose two flavors...

_____ & _____ \$ 78.00

If a case order, please choose from the following at \$149.00 per case.

- Case of Dutch Chocolate (4 Canisters) \$ _____
- Case of Natural Berry (4 Canisters) \$ _____
- Case of Vegetable Broth (4 Canisters) \$ _____
- Case of Natural Flavor (4 Canisters) \$ _____
- Mixed Case: 2 Vegetable Broth & 2 Natural Berry \$ _____
- Mixed Case: 2 Natural Berry & 2 Dutch Chocolate \$ _____
- Mixed Case: 2 Vegetable Broth & 2 Dutch Chocolate \$ _____
- Mixed Case: 2 Natural Flavor & 2 Natural Berry \$ _____
- Mixed Case: 2 Natural Flavor & 2 Dutch Chocolate \$ _____
- Mixed Case: 1 Dutch Chocolate, 1 Natural Berry, 1 Natural Flavor, & 1 Vegetable Broth \$ _____



Subtotal \$ _____

*Shipping \$ _____

Your Sales Tax \$ _____

See chart below to figure tax.

**30-Day Satisfaction
Guarantee**

Your Sales Tax: The following states, must include local sales tax:
AL, AR, AZ, CO, GA, HI, ID, IL, KS, LA, MS, NM, OK, SD, TN, UT, WY.
The following states must include tax on shipping:
AR, GA, HI, IL, IN, KS, KY, LA, MS, NC, NM, OK, SC, SD, WA.

All other states are exempt from taxes on this product.
If you need help figuring your taxes, call the above number.

Prompt Delivery!

Total \$ _____

NAME _____

ADDRESS _____

CITY _____ STATE _____ ZIP _____

OFFER # _____ PHONE (____) _____

I would prefer to charge my: VISA MASTERCARD AMEX DISCOVER

Account No. _____ / _____ Exp. Date

Signature _____

* Calculating Shipping Costs: 2 Canisters=\$9.00 • 1 Case=\$10.80 • More than 1 Case=6%